

October 2014

Öjen Nature Trail 4.8 km

This nature trail in an old-growth forest close to the city provides visitors with an interesting package of information on the natural world, old folk beliefs and medicinal plants. The rest spot by the erratic boulders is a good place to take a break or eat your packed lunch.

Trail rating: Medium

Suitability: The trail is a suitable day-trip destination for adults and school-age children

that have some experience of hiking.

Duration: 3 hours

Trail markings: There is an information board at the start of the trail with thorough details of the route. Along the trail, there are signposts to show where you are at that point.

3 Facts

- Old-growth forest
- Information packages on nature, folk beliefs and medicinal plants
- Easily accessible from the accommodation options in Vaasa city centre and Vaskiluoto

Getting to the trail

Parking area between the roads of Öjenintie and Myrgrundintie Öjenintie 13 65140 Sundom (Vaasa) N63 04.169 E21 34.460

Signposted from the parking area, the nature trail's actual starting point N63 04.131 E21 34.007 can be reached by walking 400 m along Öjenintie.

Trail description

The trail mostly runs in a wilderness-like, spruce-dominated coniferous forest that is partly boggy, partly rocky. The Öjen forest belongs to the programme for the protection of old-growth forests, and many lichen, polypore and bird species typical of old-growth forests can be found there.

If you are lucky, you may find an extra high anthill right by the trail. You can also see some large boulders with cave-like hollows that easily set your imagination alight.

At Kompassberget, there are two so-called compass roses, special piles built of stones, that date back to the Middle Ages.

The trail includes eleven information boards that introduce visitors to the natural world, medicinal plants and old folk beliefs in the area.

There are no residential sites along the trail.

Level of difficulty

The Öjen Nature Trail runs in varied terrain along forest paths; wood chips have been added to wet sections, and duckboards are used in places too. Some rocky and root-filled sections may slow you down in places. There is not much variation in altitude along the trail, but there are some steep parts (>35% gradient). These sections can be safely negotiated, however, by walking slowly. Clear signposts make it easy to follow the trail.

Good to know

The trail should be hiked in a clockwise direction.

It is safe to use the trail from spring until autumn, except for October–December, which is the elk-hunting season. You should at least check the situation on the information board at the start.

You will be fine wearing outdoor clothing and footwear to suit the weather. Hiking boots are a good choice.

In summer, you should have some mosquito repellent with you.

The total length of the trail from the parking area is 5.7 km (there and back). This has been taken into account in the estimate of the duration.

The trail is not directly connected to other trails, but the circular trail section can be reached via connecting trails from other directions.

Trail facilities

Information board at the actual starting point, information boards along the trail, one rest spot (firewood shed, dry toilet, campfire site).

Tourist information

<u>Visit Vaasa Tourist Office</u> Raastuvankatu 30

65100 Vaasa 1 +358 6 325 1145

visit.vaasa (at) visitvaasa.fi

Terranova Kvarken Nature Center

Museokatu 3 65100 Vaasa

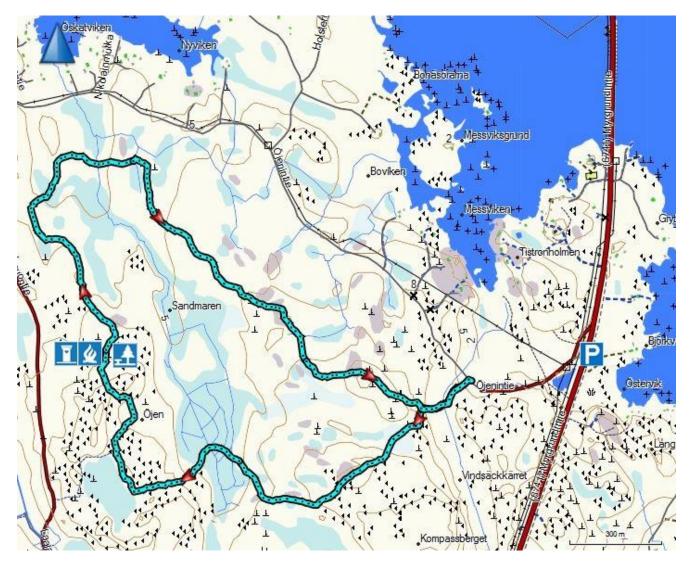
Contact: Ostrobothnian Museum

) +358 6 325 3800 terranova (at) vaasa.fi

Links

Further information on Öjen

Trail map: Öjen Nature Trail 4.8 km, Vaasa, Finland



MTK map, compiled by <u>Teemu Peltonen</u>, is licensed under the <u>Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported Licence</u>.

The maps have been created by using the material provided by the Topographic Database of the National Land Survey of Finland, extracted on 17.12.2013, <u>licence</u>.

Copyright of the data taken from OpenStreetMap remains with the OpenStreetMap contributors. Licence.

The signs complying with standard SFS 4424 have been published with the permission of the Finnish Standards Association SFS.

www.visitpohjanmaa.fi





