



HIKING TRAIL

Kalliomaanpolku-Piispanpolku | Lapua, South Ostrobothnia



Hätänumero
112

Kuvat: Ismo Nousiainen

Kalliomaanpolku-Piispanpolku 6.4 km | Lapua

The trail runs along the slopes of the Simpsiö quartzite hill, the nature and species of which differ from the usual forest nature in the area. The first and final legs of the trail wind through a reserve of herb-rich forest. The information boards tell you e.g. how many spiders can be found per hectare; what methods are used for observing air quality in forests; what methods helped keep milk fresher for longer in the old days, and what frightening circumstance was a reality on Simpsiö as late as the 18th century. There are several rest stops along the trail.

TO THE STARTING POINT OF THE TRAIL

Starting point 1

Simpsiö Ski Centre, lower parking area

Karhunmäentie 230 -> Simpsiönrinteentie 28
62100 Lapua

The 'Luonto-Simpsiö' sign shows the way from Simpsiönrinteentie Road to the starting point N62 57.324 E22 56.344, located at the furthest corner of the parking area of the ski centre.

Starting point 2

Ski lodge parking area

Urheilumajantie 28, 62100 Lapua

The 'Luonto-Simpsiö' sign shows the way from the parking area to an alternative starting point N62 57.775 E22 58.473, located at the end of the driveway leading to the ski lodge, behind the lean-to shelter and rest stop.

DEGREE OF CHALLENGE: Intermediate

TRAIL TYPE: Circular

SUITABILITY: Suitable for hikers in good condition looking for a more challenging trail

DURATION: about 3 to 4 h

SIGNPOSTING: There are signposts along the trail as well as yellow markings for Kalliomaanpolku and red for Piispanpolku, respectively.



◇ Simpsiö reserve of herb-rich forest

◇ Luonto-Simpsiö info boards

◇ Several rest stops

Services at the beginning of or along the trail



Services in the vicinity of the trail or on Simpsiö





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TRAIL DESCRIPTION

The trail runs along the slopes of the Simpsiö quartzite hill, the nature and species of which differ from the usual forest nature in the area. The trail runs in varied terrain along forest paths, large rock surfaces, exercise tracks, forest roads, and duckboards.

The junctions of the trail are marked with easily distinguishable wooden lines. The most important junctions are equipped with small route maps. Along the trail, there are wooden poles with yellow (Kalliomaanpolku) or red (Piispanpolku) diamonds. The poles are mainly in good condition and closely set.

There are a lot of information boards about local stories, tradition, and nature. The trail features several benches and three lean-tos.

DEGREE OF CHALLENGE

The trail is easily distinguishable in the surrounding terrain. There are occasionally roots and stones on the trail, which demands attention. The trail of intermediate challenge suits several kinds of hikers. The trail has elevation variations and also steeper points

(<35%), which can be crossed safely advancing slowly.

GOOD TO KNOW

The terrain along the trail is occasionally rugged and rough, for which it is advisable to wear sturdy hiking boots. During rainy and cold weather, the duckboards and rocks are slippery.

It is easy to choose a leg of suitable length of the trail for a hike. If you want to take a somewhat shorter circular route, you can move from Kalliomaanpolku to Piispanpolku by the Ryttilampi pond, in which case the total length of the trail is 5 km.

The large Fröökynä lean-to, with firewood and a toilet, is located a bit further away from the main track, at some 100 m from Piispanpolku. The distance from the lean-to to the Simpsiö belvedere, which is not part of the trail, is about 700 m. The Leave No Trace policy is followed in the area, which means everyone takes their rubbish away. Pets must be kept on a leash. Mobile phones mainly have good coverage in the area.

The trail is connected with Tohnipolku (6.3 km), which leads to Wanha Karhunmäki.



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SERVICES FOR THE TOURIST AND TOURIST INFORMATION

Distances to the neighbouring municipalities and centres

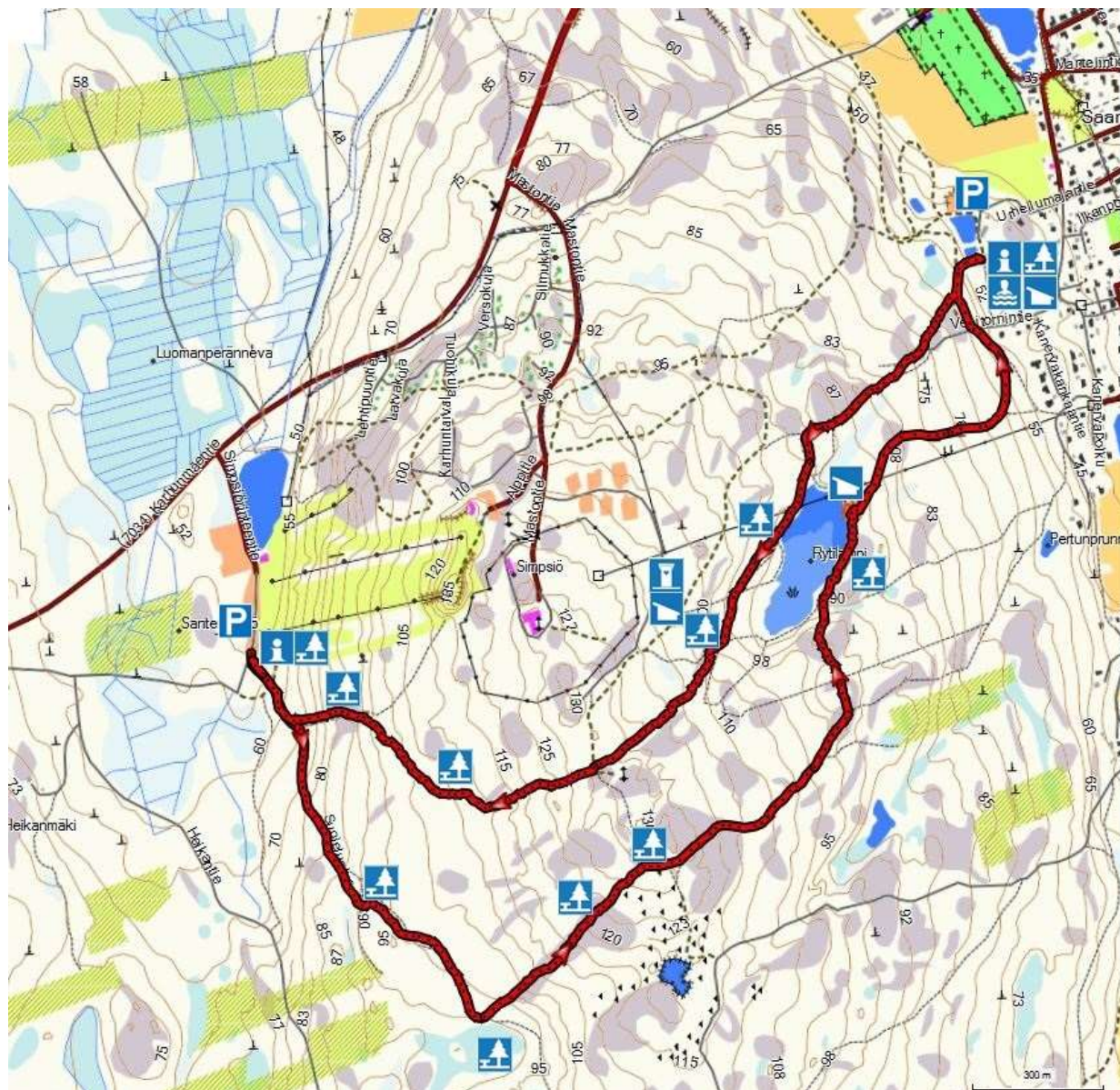
Lapua 5 km, Seinäjoki 30 km, Kauhava 25 km, Ylistaro 28 km, Ylihärmä 42 km

Read about the tourism services in the area

www.visitlapua.fi

www.simpsio.com

MAP



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Electronic description of the trail and GPS trail file downloadable, e.g., to a smartphone: www.visit-pohjanmaa.fi/kalliomaa



Euroopan maaseudun
kehittämisen maatalousrahasto:
Eurooppa investoi maaseutualueisiin



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